

A CONCURRENT RESOLUTION urging the Developmental Disabilities Commission to study the addition of music therapy to the services provided in special education, first steps, Medicaid waivers, and other areas where the federal government recognizes music therapy as a valid service.

1 Whereas, Music therapy is defined as "the clinical and evidence-based use of music
2 interventions to accomplish individualized goals within a therapeutic relationship by a credentialed
3 professional who has completed an approved music therapy program";
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5 Whereas, The history of music therapy can be traced back to the time of Aristotle and Plato;
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7 Whereas, Modern day music therapy began after World Wars I and II when musicians went
8 to Veterans hospitals to play for the thousands of veterans suffering from physical and emotional
9 trauma incurred in the wars;
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11 Whereas, Music therapy has been shown to offer benefits to many types of patients including
12 children, adolescents, adults, and the elderly with mental health needs, developmental and learning
13 disabilities, Alzheimer's disease and other aging related conditions, substance abuse problems, brain
14 injuries, physical disabilities, and acute and chronic pain; and
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16 Whereas, Music has been shown to alleviate stress and work on many different levels at once
17 to improve the condition of the patient: Therefore,
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20 SECTION 1. That the Developmental Disabilities Commission is urged to study the addition
21 of music therapy to the services provided in special education, first steps, Medicaid waivers, and
22 other areas where the federal government recognizes music therapy as a valid service.